

# ORDER OF SERVICE

Sunday, January 31, 2020, 10:15 am

## "Just Offer Something"



Rev. Florence Caplow  
Julie Laut

Lea Morris, ElizaBeth Simpson, Guest Musicians  
Rev. Sally Fritsche, Reader  
Juan Camacho, Piano; Austin Cody, Song Leader  
Joanne Vician, Chalice Lighting  
Tanja Hodges, Decorations  
Steve Troyer, AV

"For there is always light, if only we are brave enough to see it, if only we are brave enough to be it." - Amanda Gorman

**Prelude** Sonata no. 30 in E major, first movement by Ludwig van Beethoven

**Opening Words & Land Acknowledgment** Rev. Florence Caplow

### Chalice Lighting

As we kindle this flame, we re-ignite our commitment to our congregational mission: to build community, seek inspiration, promote justice, and find peace.

**Song for Kids** "If I Know One Thing" sung by ElizaBeth Simpson and friends

**Reading** Excerpt from Pope Francis: "A Crisis Reveals What Is in Our Hearts", New York Times, 11/26/2020

**Hymn #6** "Just as Long as I Have Breath" (with Matthew Gladden recorded on organ)

### Community Matters

**Offertory** "Prelude" from *Prelude and Fugue in C-sharp minor* by J. S. Bach

**Joys and Sorrows & Blessing Song** "May the Longtime Sun" by Mike Heron

### Shared Joys and Sorrows

**Time of Music and Reflection** "Meditation #1" by Juan Camacho

**Reflection** "Stumbling Toward Purpose" by Julie Laut

**Anthem** "Be the Light" by Lea Morris, used by permission of the songwriter

**Reflection** "Just Offer Something" by Rev. Florence Caplow

**Hymn #292** "If I Can Stop One Heart from Breaking", music by Juan Camacho

**Closing Words/Blessing** Rev. Florence Caplow

**Postlude** from *Sonata no. 30 in E major, third movement* by Ludwig van Beethoven

**Chalice Extinguishing**

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

**Land Acknowledgment:** *We recognize and acknowledge that we gather today on indigenous land, taken through deception, coercion, and violence. We acknowledge the continued displacement and oppression of Native people and honor their commitments to survival, identity, and the protection of our world.*

**Readings today (in reflection, opening words, closing words)**

"Punna's Offering" from *The Hidden Lamp*, edited by Florence Caplow and Susan Moon, Wisdom Publications.

<https://wisdomexperience.org/product/hidden-lamp/>

"Be Kind" by Michael Blumenthal, first published in the New Republic. <https://poets.org/poem/be-kind>

"Five Ways Giving Is Good for You" by Jason Marsh and Jill Suttee

[https://greatergood.berkeley.edu/article/item/5\\_ways\\_giving\\_is\\_good\\_for\\_you](https://greatergood.berkeley.edu/article/item/5_ways_giving_is_good_for_you)

"The Miracle of Morning" by Amanda Gorman. <https://www.pbs.org/newshour/arts/amanda-gormans-poetic-answer-to-pandemic-grief-do-not-ignore-the-pain>

"The Hills We Climb" by Amanda Gorman. <https://www.cnn.com/2021/01/20/amanda-gormans-inaugural-poem-the-hill-we-climb-full-text.html>

**Guest musicians biography**

**Lea Morris** (from her website, <https://www.thisislea.com/>): "This is Lea. Child of the Universe. Singer, songwriter, parent, teacher and perpetual student..." Based in the DC area, Lea facilitates creative and interactive intergenerational musical experiences in Centers for Spiritual Living, Unity, Unitarian and Presbyterian places of worship. You can visit her website to see and hear more of her music

**ElizaBeth Simpson** is a member of UUCUC and a vocalist and guitarist. She is a cultural worker who specializes in collaborative projects with people who don't think they are creative, and is the founder of the We Wanna Woke Community Justice Street Choir. Her recent music project, "Goodnights for Meadow", can be found at

<https://elizabethsimpson.bandcamp.com/releases>