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I (We) lit a chalice	I attended an online UUCUC class or meeting	I reached out to someone from UUCUC with a phone call, letter or email	I learned something new about one of the Unitarian Universalist Principles	I learned something new about a UU leader who is also a person of color
I made a list of all the things in which I am grateful	I talked with my family or friends about how we can help others	I did something special to take care of the environment	I took a walk outside and listened to nature sounds around me	I did not fight with anyone in my family this week
I can name <u>all</u> six Unitarian Universalist sources	I heard Matthew Gladden play the piano	I sat still for more than 5 minutes	I attended online worship or watched a recording of it later	I drew a picture of my favorite UUCUC memory (and sent it to Michele Grove)
I talked with my family or reflected on what I have learned in religious education this year	I learned about a famous Unitarian or Universalist woman from the 1800's	I ate a piece of cake and thought about all the times we have cake during fellowship hour at UUCUC	I shared one new idea with Michele Grove, our director of religious education (re-director@uucuc.org). What would be a fun learning activity to do with my UUCUC family?	I donated money to this month's shared offering: Randolph Street Community Gardens
I exercised!	I meditated and/or prayed	I had a conversation with a UUCUC staff member	I watched a movie that reminded me of my UU values	I listened while someone told me a story