## ORDER OF SERVICE Sunday November 22, 2020, 10:15 am "Visionary Voices: Karen Simms on Resilience"



Rev. Florence Caplow In Dialogue with Karen Crawford Simms

(see guest biography below)

Matthew Gladden, Piano Austin Cody, Song Leader Rev. Sally Fritsche, Meditation Chris Hannuaer, AV

"Relationships are the agents of change and healing; and the most powerful therapy is human love." ~ Bruce D. Perry

Prelude: "I Wish I Knew How it Would Feel to be Free" by Billy Taylor and Dick Dallas

**Opening Words & Land Acknowledgment** Rev. Florence Caplow

### Chalice Lighting

As we kindle this flame, we re-ignite our commitment to the mission of our congregation: To build community, seek inspiration, promote justice, and find peace

Calming Hands Five Fingers Meditation for all Ages Rev. Sally Fritsche

Hymn #108 "My Life Flows on in Endless Song"

Community Matters & Offertory "Bridge Over Troubled Water" by Paul Simon

Joys and Sorrows & Blessing Song "May the Longtime Sun"

Shared Joys and Sorrows (send joys and sorrows to joysandsorrows@uucuc.org)

Time of Music and Reflection "Just as I Am"

Reading from Rev. Dr. Martin Luther King, Jr. from "Where Do We Go from Here"

Hymn "Rebuilding Starts with Weeping" words by Amanda Udis-Kessler, to the melody of Hymn #265 "O Sacred Head, Now Wounded" sung by Austin Cody

Visionary Voice Karen Simms on Resilience

# Anthem "I Believe" by Mark Miller, sung by the MDUUC Virtual Chalice Choir, and used with permission of MDUUC

#### **Closing Words & Blessing**

Postlude "Celebration" arr. by Mark Hayes

#### Chalice Extinguishing

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

**Speaker Bio:** Karen Crawford Simms has spent over 30 years advocating for individuals and families who have been marginalized because of ethnicity, gender, health, or socioeconomic status. She's the founder Trauma & Resilience Initiative that coordinates the Community Violence Response effort in Champaign County and advocates for trauma informed practices and policies to engender feelings of safety, trustworthiness, collaboration, power sharing, empowerment, equality, and justice.

Land Acknowledgment: We recognize and acknowledge that we gather today on indigenous land, taken through deception, coercion, and violence. We acknowledge the continued displacement and oppression of Native people and honor their commitments to survival, identity, and the protection of our world.

#### Reading today

Where Do We Go from Here: Chaos or Community, by Martin Luther King, Jr., Beacon Prese, 1968