We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Unitarian Universalist Church of Urbana-Champaign

309 West Green Street Urbana, Illinois 61801

info@uucuc.org / (217) 384-8862

Church Office Hours: Monday – Friday 9:00 a.m. – 2:00 p.m.

Rev. Florence Caplow

Minister

minister@uucuc.org

Kate Barton

Director of Facilities facilities@uucuc.org

Sherry Bohlen

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Austin Cody

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Unitarian Universalist Church of Urbana-Champaign

Build community. Seek inspiration. Promote justice. Find peace.



Resilience - What's Love Got to Do With It?

Sunday, February 2, 2020 10:15 am

REV. BILL BREEDEN & REV. FLORENCE CAPLOW

Barbara Hudgings, Worship Associate Matthew Gladden, Piano & Voice; Glenda Breeden, Voice ElizaBeth Simpson, Song Leader



We are a "Welcoming Congregation" for the LGBTQIA+ Community

ORDER OF SERVICE February 2, 2020

Gathering Chime & Tower Bells

Prelude "Will Justice Roll Down" Jason Shelton, sung by the CrUUners

Board Welcome & Greeting Our Neighbors Jerry Frye

Opening Words & Land Acknowledgement Rev. Florence Caplow

Unison Chalice Lighting

We light this chalice for the light of truth, the warmth of community and the fire of commitment, which calls for us to care for this earth.

Song "Forget Your Perfect Offering"

adapted from "Anthem" by Leonard Cohen

Introduction of Rev. Breeden and Theodore Barker

Song We hold you in our love as you grow, as you grow,

May your heart be at peace as you grow. To nurture the spark of your precious life,

We hold you in our love as you grow. - Kathleen Tracy

Welcome to New Members of UUCUC!

*Hymn #360 "Here We Have Gathered"

Community Matters & Offertory "Garden" Noah Gunderson

Sharing Joys and Sorrows

May the longtime sun, shine upon you, all love surround you,

And the pure, pure light that's within you, guide your way home. - Sara Thomsen

Gift of Music "Ain't Gonna Let Nobody Turn Me Around" trad.

Bill & Glenda Breeden

Reflection "Resilience- What's Love Got to Do With It?"

Rev. Bill Breeden

*Hymn #95 "There Is More Love Somewhere"

Closing Words, Chalice Extinguishing, & Chime

Postlude "Impromptu in G-flat Major" by Franz Schubert

*Please rise in body or spirit

This service will be live-streamed and archived on YouTube from the loft. Children on the chancel will not be filmed, nor will anyone seated directly below the loft.

ARE YOU VISITING TODAY?

Welcome! Please stay after the service for coffee and snacks.

Visit the Welcome Table in the lobby for name tags and to fill out a visitor's card to join our mailing list. Visit the Connections Hub Table for more information about this congregation and Unitarian Universalism, and to chat with welcoming members.

We're so pleased that you've visited us, and we hope you visit again soon.

Accessibility. Ask ushers for hearing assistance devices or large print Orders of Service. Large print hymnals are in baskets under pews along center aisle.

Hospitable Parking. Please reserve spaces in the parking lot for guests and newcomers and for persons with limited mobility. You'll find a map of close-by parking areas at the Connections Hub table in Fellowship Hall.

Our intention is having a Fragrance-Free building. Please choose to be fragrance free out of respect for those who are affected by scents.

Rose Window Center: Heart. Created in 1986 by the Herricks. A simple heart for valentine's day, and commonly used for events such as weddings. A symbol for love, caring.

Banner on Chancel: The nine pointed star is the symbol of the Baha'i faith. The star is not a part of the teachings of the Baha'i Faith.

eNews and quarterly Uniter. If you would like to receive our weekly eNews and quarterly Uniter, please sign up at the Welcome table or visit https://tinyurl.com/y4pqk8lt.

Young Adult Table. Are you ages 18-35? Join us after service in Fellowship Hall for conversations important to young adults or young at heart.

For Your Information: Church events, including services, may be recorded and/or photographed. This is an AED equipped facility. The AED is located in the lobby, near the Green Street entry.

Visit Us on the Web. For further information about our church and recent news and upcoming events, please visit us at https://uucuc.org/.

JOIN US NEXT SUNDAY, FEBRUARY 9

"WILD STRAWBERRIES: A WORLD OF GIFTS"

REV. FLORENCE CAPLOW

Upcoming Weekly Calendar

Sunday, February 2

Adult Discussion Group / 9:00 a.m. / Fellowship Hall Small Meeting Room

Mindfulness Meditation Group / 9:00 a.m. / YRUU Classroom

Children's Choir Rehearsal / 9:00 a.m. / Classroom #1

Nursery / 10:00 a.m. / Classroom #4

Religious Education / 10:15 a.m. / Children's Chapel, Classrooms #1, #2, #3, Library (Lower

Level), YRUU Classroom

Sunday Service / 10:15 a.m. / Sanctuary

Young Adult Group / 11:30 a.m. / Fellowship Hall

Generosity Team Meeting / 11:30 a.m. / Fellowship Hall Small Meeting Room

Computer / Google Lab / 11:30 a.m. / Library (Lower Level)

OWL K/1 Parent Orientation / 3:00 p.m. / Classroom #2, Fellowship Hall

Wi\$dom Path: Money, Spirit, and Life / 3:00 p.m. / Classroom #1

 $OWL\ 8th-9th\ Grade\ /\ 4:30\ p.m.\ /\ Children's\ Chapel,\ Fellowship\ Hall\ Small\ Meeting\ Room,$

Library (Lower Level)

Monday, February 3

Bridge Group / 1:00 p.m. / Children's Chapel

Compassion and Choices Action Team Meeting / 7:00 p.m. / Fellowship Hall

Tuesday, February 4

Was the Author of the Christian Gospel of Matthew a Radical Feminist? / 6:30 p.m. /

Classroom #1

Personnel Committee Meeting / 5:30 p.m. / Fireplace Room

Worship Committee Meeting / 7:00 p.m. / Fellowship Hall Small Meeting Room

Finance Task Force Meeting / 7:00 p.m. / Fireplace Room

Wednesday, February 5

Last day for content for eNews & Order of Service by noon, the latest.

Mindfulness Group Facilitator Meeting / 9:00 a.m. / Children's Chapel

(Smart Recovery) / 6:00 p.m. / Classroom #1

CrUUners Rehearsal / 6:00 p.m. / Sanctuary

Choir Rehearsal / 7:00 p.m. / Sanctuary

Thursday, February 6

Meditation Class Series / 4:30 p.m. / Channing Murray Foundation

Budget Task Force meeting / 6:00 p.m. / Children's Chapel

(Many Paths: An Agnostic AA Group) / 6:00 p.m. / Classroom #1

Immigration Justice Task Force Learning Series Session Two: History and Economics of

Immigration in the U.S / 7:00 p.m. / Fellowship Hall

Friday, February 7

No events scheduled

Saturday, February 8

Loss of Life Partner Covenant Group / 11:30 a.m. / Fellowship Hall Small Meeting Room (Many Paths: An Agnostic AA Group) / 4:30 p.m. / Classroom #1

For the most up-to-date calendar information, please visit uucuc.org/uucuc-calendar.

Announcements

About Rev. Bill Breeden: Rev. Bill Breeden, Minister Emeritus from the Bloomington, Indiana UU Church, will be co-ministering with Rev. Caplow from February to May. Bill and Glenda, his life partner of 50+ years, live in a small self-built cabin on 40 acres of forest in Owen County, Indiana. They have two adult children and one teenage grandson, all three of whom are constant reminders of the beauty of life. He is currently working on a memoir.

Today's Hospitality Team C Volunteers! Ushers: Marcy Joncich, Penne and Jonny Beckett; **Bellringers:** Pat McClard; **Welcomers**: Tania Madrigal, Dave Sutton, and Pat Feely; **Decorations:** Beth Cobb; **Snacks**: Becky Densmore, Lisa Haynes, Wendy Grave, Jenny Lokshin, and Kathy Brinkman.

Our Shared Offering for February is Salt & Light Ministries. Salt and Light Ministries "strives to empower individuals towards lasting change by affirming their dignity." The youth of UUCUC voted to nominate Salt & Light because of their revolutionary model for meeting basic needs of low-income families in C-U, while also providing a dignified work exchange opportunity.

Become part of the Leadership Circle! We are excited about the new possibilities for ministry here at UUCUC, but bringing on a part-time Associate Minister for Congregational Life next fall to share Rev. Caplow's ministry with us is going to take all of us showing up as leaders. You are invited to become part of the "Leadership Circle" for this bold new initiative by pledging or making a donation before our pledge campaign later this month. Regardless of your means, this Circle is open to you. For more information, go here: https://tinyurl.com/tzgblvg

Computer/Google Lab, TODAY 11:45-12:30 am. If you are looking for help in understanding how to do a task on your computer or how to use Google Docs, Google Chat, or Google Groups, join us in the Library (on the lower level) to get some much-needed assistance.

Wi\$dom Path: Money, Spirit, and Life. TODAY from 3-5 PM. It will run for 2 sessions. Join leaders Claudia and David Gross, Nancy Dietrich, Russ Rybicki and Florence Caplow to explore the role and value of money in our lives. Feel free to join.

Is the writer of the Gospel of Matthew a radical feminist? Tuesday, February 4 6:30-8:30 pm. Join leader, Michele Grove as we explore the Christian and Hebrew scriptures to discover these amazing women who inspired the first book of the Christian Scriptures. Register at https://uucuc.org/learning/adults/

Save The Date! Upcoming Adult Learning Opportunity: Radical Peacemaking. Friday evening April 24th and Saturday April 25th. Led by Virginia Brubaker and Gail Schiesser. More detailed information coming soon.

Religious Education News

Our Whole Lives Program for ages 5-7 We still have at least one spot left in this 12-participant class. Our Whole Lives is a comprehensive human sexuality program which guides children in age appropriate ways to understand how everyone's body, feelings, and relationships are unique and wonderful. The program begins with a parent and child orientation on Sunday, February 2nd from 3:00-5:30 PM and then runs for 8-weeks. If you wish to sign up, email Michele Grove, Interim Director of Religious Education at re-director@uucuc.org. There is also a registration link in the latest edition of the eNews.

<u>Upcoming learning opportunities for youth and adults listed below.</u> Learn more and register for the following opportunities at https://uucuc.org/learning/adults/

Meditation Class Series: Whole-Hearted Living in a Brokenhearted World, Thursdays Feb. 6th and 13th, 4:30 pm at Channing Murray. Led by Rev. Caplow, learn and practice Buddhist meditation for living in these times. Open to all, no meditation experience necessary. Feel free to join. For information, email Rev. Florence Caplow at minister@uucuc.org.

Session Two: History and Economics of Immigration in the U.S. Thursday, February 6th 7:00 PM Let's learn about the economic forces that drive immigration and the laws that have either opened or closed doors to the U.S. Bring a photo of your ancestors for our timeline. What was political landscape in this country when your ancestors arrived? What is it now?

The Unitarian Universalist Association is engaged in a common read of *An Indigenous Peoples' History of the United States* by Roxanne Dunbar-Ortiz and *An Indigenous Peoples' History of the United States for Young People* adapted by Jean Mendoza and Debbie Reese. A group will meet again on Monday, February 10 to read and discuss these. Since our church sits on land stolen from many different tribes, it is worthwhile to study and discuss. The UUCUC library has several copies of both books if you wish to borrow. For more information email Andy at narwhaledream@aol.com or Jenny Hunt at jennyh57816@gmail.com. To register, go to https://uucuc.org/learning/adults/

Finding Peace in a Frantic World. (February 26th to May 6th) A 10-Week Mindfulness Class. New and experienced meditators are welcome. This 10-week class is an adaptation of the University of Illinois Psychology Department's Mindfulness Training (MT) curriculum. Leaders include Dr. Christopher Menard, Laura Haber, and Dave Sharpe. If you have questions or to register, email Christopher Menard at Cmenard@illinois.edu

Reflection on Salt & Light from Michele Grove

Dear friends,

This year Emily McKown, UUCUC's Youth Coordinator created a work project for the Monday of Martin Luther King, Jr's Holiday weekend. She encouraged us to look at the Monday of Martin Luther King Jr's holiday weekend as <u>a day ON – not a day OFF</u>. It became a wonderful day with more than 20 people volunteering at Salt & Light Ministries. We had a true multi-generational event!

Salt & Light Ministries will be UUCUC's shared offering for February thanks to the recommendation of the YRUU. The opportunity to learn more about their good work and participate as a volunteer enhanced my enthusiasm for their ministry to the Urbana-Champaign area. We gathered for lunch and then had the privilege of an orientation and tour led by Lisa Sheltra, Director of Community Engagement. It is an inspiring program for the Urbana-Champaign community.

I have loved the work of Salt & Light but did not fully understand their mission until our visit. Many of the people who volunteer with Salt and Light receive credits they can use to purchase much needed items. It is a system that allows for people to be a part of the great work of this organization while also receiving much needed necessities.

Lisa told us that we can help in the following ways:

- 1. Donate goods to be sold (household, clothing, etc). If you are unsure if the clothing is in good shape, donate it anyway because they recycle tons of clothing each month.
- 2. Shop at Salt & Light. When you shop, you support their mission and bring much needed funds to their program.
- 3. Volunteer
- 4. Support monetarily

In February, we will give from our own generosity. I also hope that each of us can choose to do one more thing to support Salt & Light – with our feet and with our choice. As your Interim Director of Religious Education, I plan to make a special effort to shop at Salt & Light for all the supplies we need for religious education during the month of February.

How about you? How will support this organization that is working hard to support our community?

In faith, Michele Grove, IDRE