

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Unitarian Universalist Church of Urbana-Champaign

309 West Green Street
Urbana, Illinois 61801

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Church Office Hours: Monday – Friday 9:00 a.m. – 2:00 p.m.

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**Unitarian Universalist Church
of Urbana-Champaign**

*Build community. Seek inspiration. Promote justice.
Find peace.*



“How Can I Keep From Singing?”

Sunday, October 20, 2019
10:15 am

MATT SHEPPARD, MUSIC DIRECTOR

Sam Beshers, Worship Associate
Matthew Gladden, Piano



We are a “Welcoming Congregation” for the LGBTQIA+ Community

ORDER OF SERVICE

Gathering Chime & Tower Bells

Prelude “Down on the Corner” Creedence Clearwater Revival
Performed by the UU Band

Welcome, Greeting Our Neighbors & Centering Chime Randy Locke

Land Acknowledgment Sam Beshers

Unison Chalice Lighting

We light this chalice for the joys of community,
Of sharing, and of singing.

***Song** “Where You Go I Will Go” Shoshana Jedwab

Children’s Moment Michele Grove and Matt Sheppard

Song We hold you in our love as you grow, as you grow,
May your heart be at peace as you grow.
To nurture the spark of your precious life,
We hold you in our love as you grow. – Kathleen Tracy

Sharing Joys and Sorrows

May the longtime sun, shine upon you, all love surround you,
And the pure, pure light that’s within you, guide your way home.
- Sara Thomsen

Reading “The Choral Experience” Ray Robinson and Allen Winold

Community Matters & Offertory

“My Favorite Things” Rodgers and Hammerstein
Performed by the UU Horn Band

Reading “Singing Changes Your Brain” Stacy Horn

Interlude “Prelude in C major” Sergei Prokofiev

Reflection “How Can I Keep from Singing” Matt Sheppard

Anthem “Hark I Hear the Harps Eternal” traditional, arr. Alice Parker

*Closing Words & Chalice Extinguishing

***Postlude** Hymn #108 “My Life Flows On In Endless Song”

**Please rise in body or spirit*

Land Acknowledgment

We recognize, honor, and acknowledge that we are on the lands of the Peoria, Kaskaskia, Piankashaw, Wea, Miami, Mascoutin, Odawa, Sauk, Mesquaki, Kickapoo, Potawatomi, Ojibwe, and Chickasaw Nations.

ARE YOU VISITING TODAY?

Welcome! Please stay after the service for coffee and snacks. Visit the Welcome Table in the lobby for name tags and to fill out a visitor's card to join our mailing list. Visit the Connections Hub Table for more information about this congregation and Unitarian Universalism, and to chat with welcoming members.

We're so pleased that you've visited us, and we hope you visit again soon.

Hospitable Parking. Please reserve spaces in the parking lot for guests and newcomers and for persons with limited mobility. You'll find a map of close-by parking areas at the Connections Hub table in Fellowship Hall.

Our intention is having a Fragrance-Free building. Please choose to be fragrance free out of respect for those who are affected by scents.

Rose Window Center: Silphium, Prairie Flower. Created in 1987 by the Herricks.

Banner on Chancel: This wheel represents Buddhism.

eNews and quarterly Uniter. If you would like to receive our weekly eNews and quarterly Uniter, please sign up at the Welcome table or visit <https://tinyurl.com/y4pqk8lt>.

Young Adult Table. Are you ages 18-35? Join us after service in Fellowship Hall for conversations important to young adults or young at heart.

For Your Information: Church events, including services, may be recorded and/or photographed. This is an AED equipped facility. The AED is located in the lobby, near the Green Street entry.

Visit Us on the Web. For further information about our church and recent news and upcoming events, please visit us at <https://uucuc.org/>.

JOIN US NEXT SUNDAY, OCTOBER 27TH

“BLESSING OF THE ANIMALS”

REV. FLORENCE CAPLOW AND DR. MICHELE TOWNSEND GROVE

Upcoming Weekly Calendar

Sunday, October 20

Adult Discussion Group / 9:00 a.m. / Library
Mindfulness Meditation Group / 9:00 a.m. / YRUU Classroom
Children's Choir / 9:15 a.m. / Classroom #1
Nursery / 10:00 a.m. / Classroom #4
Religious Education / 10:15 a.m. / Children's Chapel, Classrooms #1, #2, #3,
OWL Classroom, YRUU Classroom
Sunday Service / 10:15 a.m. / Sanctuary
Book and Magazine Exchange / 11:30 a.m. / Fellowship Hall
Young Adult Group / 11:30 a.m. / Fellowship Hall
Navigator Information Meeting / 11:45 a.m. / Children's Chapel
Pastoral Care Associates Information Meeting / 11:45 a.m. / OWL Classroom
(new library)
We Wanna Woke Choir / 11:45 a.m. / Sanctuary
OWL / 4:30 p.m. / Children's Chapel, Library, OWL Classroom

Monday, October 21

Bridge Group / 1:00 p.m. / Children's Chapel
Caregiver's Chalice Circle | 7:00 p.m. | Library

Tuesday, October 22

(DSC Playgroup) / 8:30 a.m. / Classroom #4
Board of Trustees Business Meeting / 6:30 p.m. / Classroom #1

Wednesday, October 23

Last day for content for eNews & Order of Service by noon, the latest.
UU Playgroup / 9:00 a.m. / Classroom #4
CrUUners Rehearsal / 6:00 p.m. / Sanctuary
(Smart Recovery) / 6:00 p.m. / Classroom #1
Choir Rehearsal / 7:00 p.m. / Sanctuary

Thursday, October 24

UU Women's Lunch Group / 11:30 a.m. / Fellowship Hall
(Many Paths: An Agnostic AA Group) / 6:00 p.m. / Classroom #1

Friday, October 25

No events scheduled.

Saturday, October 26

(Many Paths: An Agnostic AA Group) / 4:30 p.m. / Classroom #1

For the most up-to-date calendar information, please visit uucuc.org/uucuc-calendar.

Announcements

Today's Hospitality Team B Volunteers! Bellringer: Marie McEnroe and Karen Khusro; **Ushers:** Marilyn Ryan, Umeeta Sadarangani, and Jeff Castle; **Welcomers:** Matthew Burack, Terri Fredrick and Kyle Kroha; **Decorations:** Barbara Jauhola; **Snacks:** Matthew Burack, Terri Fredrick, Karen Khusro, Marilyn Ryan, and Umeeta Sadarangani.

Our Shared Offering for October is Champaign County Health Care Consumers. CCHCC is dedicated to helping individuals navigate health care application process, and to advocating health care for all through legislation.

Our Monthly Book and Magazine Exchange Is TODAY! Stop by the table at the far east end of Fellowship Hall today to pick up a book or magazine that interests you. Books and magazines are for children and adults. You can take home books or magazines without donating any, and vice versa.

Sing! (or Listen)! Join members of We Wanna Woke Community Justice Choir from 11:45 a.m. - 12:30 p.m. in the Sanctuary TODAY after our service on Singing. We'll teach quick-to-learn songs that celebrate our collective power to make social change.

Pastoral Care Associates Program. We are starting a program to train members of our congregation to be pastoral caregivers, and they will and will help the minister provide pastoral care to members of our church community. The first informational meetings is TODAY at 11:45 a.m. and the next one will be on Sunday, October 27 at 9:00 a.m. RSVP here: <http://tinyurl.com/y2g8f9f4>

Do you know an organization you would like to see our church offering support? You can submit your nominations electronically here: <http://bit.ly/2020sharedoffering>, or pick up a paper form from the Social Action Committee Table TODAY. When completed, the paper form should be placed in the SAC mailbox. Nominations are being accepted through Thursday, October 31st, and voting by members and friends will take place after church in the Children's Chapel on Sunday, November 17th.

NAACP Freedom Fund banquet on Friday, October 25! Our church is being honored with the President's Award. Tickets are \$40/person. For further information about the banquet, visit here: <http://naacpcc.org/freedomfund2019/>.

Come Shape Our Future, Saturday, November 2nd, 10 am-4 pm! A church "Mission Statement" is essential for guiding our path forward. Our UUA Regional Staff person, Lisa Presley, will guide us through a process of reflecting on what is most true of who we are and what we want to become. **All are needed and invited – this means YOU!** A special invitation to young adults and newer people. Lunch provided. Register online: <https://uucuc.breezechms.com/form/2616a8>

UUCUC Faithify Campaign for FirstFollowers Launches! The Racial Justice Project and Social Action Committee have teamed up to create UUCUC's first Faithify campaign. Faithify is a crowd-sourcing way to raise funds, allowing anyone to contribute to campaigns they care about. It's like GoFundMe but with UU values built in. We are raising funds to help FirstFollowers open the FirstSteps Re-entry House in Champaign County. They are very close to having enough funding to open their doors. Our Faithify campaign could put them over the top. For more information, see here: tinyurl.com/y3m599d8

Religious Education News

TODAY - Comment for Candy

Last week, we had a great response to Mission for a Muffin Sunday. This week, we will continue the fun with the following question: ***“What UUCUC Sunday morning memory makes you smile?”***



Come to the welcome table TODAY on the 1st floor foyer and answer the question. Once you comment, you will receive candy! Thank you in advance....

Navigators Inquiry Session



Tania Madigral is holding an inquiry session for any family interested in exploring the Navigator Scouting Program. The hope is to start a Navigator program at UUCUC. The Navigators is an exploration program started by a Unitarian Universalist

congregation and is open to all genders and interests. Come to the interest meeting TODAY in Children's Chapel following Sunday service. To learn more, check out the Navigators web page, navigatorsusa.org and Facebook page at www.facebook.com/groups/453319718387067/

Religious Education Leader Huddle, Sundays 9:45 a.m. - 10:00 a.m.

Religious education leaders, Michele will host a HUDDLE this Sunday (and every Sunday) from 9:45 a.m. to 10:00 a.m. Please join her in the 1st floor library (also known as the OWL classroom). There will be snacks and an opening worship. This provides an opportunity to center your body, heart and mind while also connecting with other leaders. We look forward to seeing you on Sunday!

Everything worth mentioning is in the religious education newsletter!

To check out this week's and previous week's newsletter, go to the religious education section of the UUCUC website: uucuc.org/learning/re-news-announcements/re-newsletter-archive/

Starting Point - A Small Group Ministry Designed For "Newcomers"

This is an opportunity for "newcomers" to start your pathway to UUCUC engagement with a small group experience shaped by the wisdom and power of small group ministry.

The 3-part series starts on Sunday, October 27, 2019 at UUCUC!

Starting Point is a new kind of newcomer class that:

- integrates welcoming and small group ministries
- provides newcomers with an experience of UUism not just information about it
- brings new life to UU theology & history by framing it with the core small group value of healing spiritual disconnection
- uses experiential learning to make our unique church mission come alive
- is offered in a 3-part series Noon-2:00 p.m. on Sundays October 27, November 10 and November 24

Light lunch will be provided. Childcare is available with advance arrangement.

To enroll, go here: tinyurl.com/yyxdv2j3 or email Sherry Bohlen (Membership Manager) at membership@uucuc.org.

Racial Justice Project Presents "The Long Shadow"

“If you want to know the true hidden history of the evil that slavery cast over America, and how it continues to this day, you must watch this movie.” -Thom Hartmann, The Thom Hartmann Program

Please join the Racial Justice Project for an important movie and discussion Sunday, October 27 at 2:00 p.m. in Fellowship Hall at UUCUC. The Long Shadow is a documentary about the lasting effects of slavery and white supremacy in our democracy. After our showing in June, we had many requests for another showing.

Doors will open at 1:30 p.m. Movie will begin at 2:00 p.m. Discussion will follow the 84-minute film.