

58% of people in the U.S. who can get pregnant are likely to lose their legal right to abortion this year.

26 U.S. states are expected to outlaw abortions soon.

What Are the Different Types of Abortion?

A guide for those seeking an abortion.



[healthline.com/health/types-of-abortion](https://www.healthline.com/health/types-of-abortion)

More than half of all abortions today are safe medication abortions, often done at home.

SPREAD THE WORD.

Contraceptives are highly effective but not perfect. In two studies, more than half of abortion patients reported they had used a contraceptive method in the month they became pregnant.

Guttmacher Institute ([guttmacher.org](https://www.guttmacher.org))

Plan C Pills

Up-to-date information on accessing abortion pills online.



[plancpills.org](https://www.plancpills.org)

Abortion Finder

Comprehensive listings of clinics and telehealth/pills-by-mail providers.



[abortionfinder.org](https://www.abortionfinder.org)

National Network of Abortion Funds

Find your local abortion fund.



[abortionfunds.org](https://www.abortionfunds.org)

Repro Legal Helpline

Legal information about self-managed abortion, young people's access to abortion, and referrals.



[reprolegalhelpline.org](https://www.reprolegalhelpline.org)

All Options

- Pregnancy • Parenting
- Abortion • Adoption



[all-options.org](https://www.all-options.org)

Miscarriage + Abortion Hotline

Support to self-manage your miscarriage or abortion.



[mahotline.org](https://www.mahotline.org)